

Willamae T. H Stuart (Mrs.)
RN, SRN, SCM, CHN, MPH, Master Mentor,
Nurse Leader, Entrepreneur, Professor



Willamae Therese Hamilton - Stuart (Mrs.)
Nurse Leader/Consultant/Entrepreneur/ Professor/J.P.
Position: Business Owner,
CEO: WTHStuartPersonalHmCare & Assisted Living Services;
Owner & Academic Dean Bahamas School Of Innovative
Health Care Professionals, CEO WTHStuart J.P. Services

SRN, SCM, CHN, CHN Tut. MPH, H Adm., Facilitator in
Epidemiology, Cert. Nurse Leader –ICN, CPM, Member of
ICN Global Nursing Institute, Member of the Nurses
Association, Commonwealth Of The Bahamas; Member of
National Organization of Women Associations Bahamas.
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Vision:

**Happy health Care Workers; PCAs/T & Nurses
Improving** the world and PEOPLES' LIVES,
epitomizing the gifts God entrusted to me.

Mission: stimulating the human potential to love
and Care

Philosophy:

- Impossibility is nothing: Think infinity!
- Seriously Leading
- Seek Gods' Wisdom and Discernment to
Create and Follow your **OWN** Path

Married to Mr. Reuben T. Stuart. They have three
children: Dr. Scarlett M. Stuart, David B. R. N. Stuart –
BSc Business Administration , Accounting and Finance
and Reuben Adebo Stuart, Chief, Birmingham, Alabama
with two Grand daughters

Enlightened by Sir Randol Fawkes Journey, "The Faith that Moved the Mountain", captivated by "The Quiet Revolution" – Dame Doris Johnson, and fueled to Leadership by the life and song of The Honorable Prime Minister, Sir Lynden Oscar Pindling, "This Land is Mine", Mrs. Stuart desire to become a nurse to serve and make a contribution to her country was enflamed.

Getting up of the bench! Getting into the arena of Health Care, Mrs. Stuart became one of the first 30 Nurse Leaders in the world to be Trained and Certified as a "Leadership Development Trainer" for the International Council of Nurses, Genève, Switzerland.

Mrs. Stuart qualified as a State Registered Nurse in Poole Dorset England and as a Stare Certified Midwife in Glasgow, Scotland. Fulfilling her desire to be a Midwife was soon an accomplishment of the past when Mrs. Stuart realized that health was more than treating illness but had a major critical component of health Intervention, Education wellness along with Family and Community resilience which she pursued as a Community health Nurse.

Following her second dream she became an Adult Educator with a specialty in training and educating Nursery and Preschool Teachers, Health Visitors and Community Health Nurses. Seeking to influence the course of health in The Bahamas, Mrs. Stuart completed a Master Degree in Public Health and a

Certificate in Health Services Administration with Sojourner Douglas College led by The Ministry of Health.

For more than 40 years, Mrs. Stuart taught Nurses mainly in the Specialist Training and Education Programs for Community Health Nursing, Midwifery and the Registered Nurse Training Programme in The Bahamas. She remains an active Member of the Professional Association, The Nurses Association, Commonwealth Of The Bahamas serving as the 1st Vice President and has served on the Nursing Council of The Bahamas as a member of the Nursing Agency Committee and the Discipline Committee. She also chaired the first ever Nurses Recognition Luncheon Programme Committee. In addition, Mrs. Stuart continues to teach in the Ministry of Education Bahamas, Programme for Nursery and Pre School Teachers

Seeking Freshness and a new vision, Mrs. Stuart moved into Government Administration as a First Assistant Secretary, where she rotated to Ministries such as The Cabinet Office, Ministry of Transport and Aviation, Department of Public Services, Ministry of Education and Ministry of Financial Services and Investments. The highlight of this experience was understanding the *machinery of government* which was her impetus to influence changes. Hence her ability to impact Nursing in the Public Hospitals Authority holding the position of Nursing Services Advisor from May 2006 – September 2015.

Completed a Nine Months Consultancy with the Ministry of Health , Submitted a Report focusing on Haring Of Patient Care Assistants /Technicians; Removing “Boarders” out of Princess Margaret Hospital; Assessing Long Term Care Facilities in the Commonwealth of The Bahamas; Recommendations for strengthening specific Areas in Nursing.

As a visionary Leader Mrs. Stuart:

1. Encouraged Nursing in Sandilands Rehabilitation Centre to formalized **AWARENESS, TRAINING and CONTINUING EDUCATION FOR SUPPORT STAFF, TRAINED CLINICAL NURSES AND REGISTERED NURSES IN THE AREAS OF MENTAL HEALTH, PSYCHIATRY, GERONTOLOGY AND OTHERS.**
2. Led the development and piloted a “State of the Art Health Cadet Programme”, aimed at increasing the number of Health Care workers in The Bahamas
3. With the assistance of the Royal College of Nursing, London, England, ensured that the Knowledge, skills and attitude, of Nurses working in General Nursing, Ophthalmology, Renal, Critical Care, Midwifery, Medical Surgical and Theatre Nursing along with Nursing Support Staff, remained on the cutting edge to provide quality health Care to the people of The Bahamas and ultimately the world.
4. Engineered the **Public Hospitals Authority Prestigious Nursing Research Institute** with the aim of stimulating, encouraging recognizing and providing a Forum for Nurses and others to share and Learn of Research conducted in The Bahamas as well as outside The Bahamas
5. Guaranteed that the PHA was the only institution in The Bahamas with a Structured Master Mentorship Training Programme for all Disciplines, Certified by the Royal College of Nursing, London, England.

6. Established a process for Local and International Nurse Trainees (Bahamas, Florida and United Kingdom) to complete Clinical Experiences in the Public Hospitals Authority (Bahamas).
7. 2011 Ascertain agreement on behalf of the PHA with the College of The Bahamas to provide the “Gloria Okpuno, Nursing Services Advisor Award - Clinical Excellence” to an RN Graduate completing the BSc Degree in Nursing, at the College of The Bahamas

Mrs. Stuart focus today is leading in developing and establishing training and pioneering the regularization of Patient Care Assistants/Technicians in The Bahamas.; encouraging International and Local Nurse and Patient Care trainees to complete Clinical Experiences in The Bahamas. Her ultimate vision and goal is improving the Continuity/ Discharge Planning/Transitional Care through Standardization for improving Care, Systems and Facilities and for Long Term Care in The Bahamas

A “serious catholic,” and family person, Mrs. Stuart is extremely active in her church as: a Eucharist Minister, Confraternity of Christian Doctrine Teacher ; member of the Liturgical, and Church Decorating Committee and the Koinania Team. Mrs. Stuart is married to Mr. Reuben T. Stuart and has three children Reuben Adebo, Scarlett Marri -Anne, and David Bernard Reginald Nathaniel Stuart.

Aspiring to play a more active role in country development, Mrs. Stuart is:

- A founding member of the National Organization of Womens’ Organization Bahamas (NOWAB)
- A member of the Bureau of Women’s Affairs, representing “Women Without a Voice” and “International Training in Communication Organization (ITC)
- A member of the National Woman’s Advisory Council
- Completed the first Training Programme: Preparing Women for Political Leadership
- Completed the Justice of the Peace Programme, College of The Bahamas
- Appointed Justice of the Peace

She admires and embraces this quote from a lifelong friend who inspired her to establish a training School for Patient Care Assistants/Technicians: Bahamas School of Innovative Health Care Professionals

Leaders must be tough enough to fight, tender enough to cry, human enough to make mistakes, humble enough to admit them, strong enough to absorb the pain, and resilient enough to bounce back and keep on moving. (Carleen Noreus, 2015)

Recent Achievements – 1996 - present

1996-1999 Hosted Ministry Of Health “Health Magazine” Radio Talk Show ZNS Bahamas

1997 Represented the Caribbean Region and presented a Paper on Impact of the Leadership for Change Project in the Caribbean Region – at the International Council of Nurses Congress Vancouver June 1997.

1995 - 2002 Successfully initiated and engineered, the development and implementation and Evaluation of a Leadership Development Program for Nurses which has been successfully integrated with the B.Sc. Degree Nursing Program College of the Bahamas, The Continuing Education Programme of The Nurses Association and also sanctioned and conducted by Public Service Training Center. This Program has prepared potential Nurse Leaders to assist in the Health Reform Process in The Bahamas.

1997- 1998 Completed Evaluation Projects on:

- Contracted X Ray Services of PMH
- Impact of the decision by the Prime Minister to waiver Maternal Health Fees
- Laboratory Services in selected Family Islands implemented 1994/1995.
- System for Transportation of Specimens to Lab from Family Island Clinics and led a team which has recommended an improved system.
- Developed a listing of and created a Draft Survey Form to collect Data for Registering Health Facilities in The Bahamas.

2001-The first Bahamian to supervise a Master of Public Health Student, University of The West Indies, Jamaica in completing Three Weeks Field Practice in The Bahamas,

1995 – 2000: Led the team in successful development of Community Development Action Committees in Seven Family Islands.

1995 – 2001 Successfully administered the implementation of UNDCP Drug Demand Reduction Project in The Bahamas.

Co Coordinated the UNDCP External Evaluation of the Drug Demand Reduction Project.

Produced a Thirty Minute Video on Community Development in the Family Islands focusing on drug Demand Reduction

2003 Develop of a State of The Art Health Cadet Programme for the Ministry of Health Bahamas

Developed and implemented the “First Tutoring Programme for Twelfth Graders “

2002 Produced a Conceptual Frame Work for implementing A Continuous Quality Improvement Programme for the Ministry of Health, Bahamas Selecting careers in the Health Care Field”.

1997 – 2005 Presently conducting Leadership for Change Training for The Nurses Association Commonwealth of The Bahamas

2000 Coordinated the Implementation of a Regional Methodology “ Participative Mythology’ For Drug Education in The Bahamas,

Founding and Charter Member of National Organization of Women Associations in The Bahamas (NOWAB)

2003 Workshop: Managing Stress in the Workplace: Sunshine Region , International Training In Communication, Atlanta, Georgia

2004 - Honored for Contribution to HIV/AIDS in Bahamas - National Organization of Women Associations in The Bahamas (NOWAB)

2004 - Coordinated HIV/AIDS Seminar for Women - National Organization of Women Associations in The Bahamas (NOWAB)

2005: Workshop: The Soft Skills In Management: Sunshine Region, ***International Training In Communication, Tampa, Florida***

2005 – Founder and Coordinator of the National Trailblazer Awards in Nursing , for Nurse Leaders

2006, Founding Member of the Group and coordinator of the First Forum: Women in Politics Speak. This is a Group, whose purpose is to assist women in preparing for Leadership Roles in The Bahamas (Patterned after The White House Project)

2007: Workshop: Leadership for Change: ARE YOU READY?. Caribbean Nurses Organization 50th Jubilee Celebrations, St Croix, Virgin Islands

2008: Established and Led the First Nursing Specialist Course in The Bahamas and The PHA, Renal Nursing, to achieve Accreditation by the Royal College of Nursing, London England

2009: Establish a Nursing Research Institute in The PHA

2009: Competed and selected to attend the ICN First Global Nursing Leadership Institute, Switzerland/France

2010: Presented workshop : Moving to the future: Making Yesterday tomorrow, Atlanta Georgia **ITC Regional Conference.**

2010 Achieved the Accreditation of the Second Specialist Course for The PHA : Ophthalmic Nursing Training Programme for RNs.

2010 Elected to the Caribbean Nurses Organization Board as Treasurer.

2010 Successfully established Agreement with International Health Care Institutions, Florida for Clinical Nursing Experiences for LPNs

2011 Led Accreditations of: Critical Care Nursing Programme and Perioperative Nursing Programme by the Royal College of Nursing Public Hospitals Authority.

2012: “Innovations for Clinical Excellence in Nursing: The Bahamian Perspective” Presented at the Inaugural Conference of the Commonwealth Nurses Federation, London England.

2014: Presentation: Innovations for Clinical Excellence in Nursing, at the Commonwealth Nurses and Midwives Federation Conference, London England.

“From Task to Caring”. A presentation on empowering and increasing the contribution of Nursing Support Staff to Quality Health Care in The Public Hospitals Authority, Nassau The Bahamas

2015: International Council of Nurses Conference, Seoul, Korea- Role of Nursing in Prevention and Management of chronic Diseases in Children- The VOICE of Nursing

2016: Represented The Bahamas on a Panel Discussion: Regularization and Nursing Role in Supervision of Unlicensed Assistive Health Care Personnel, Conference of the Commonwealth Nurses and Midwives Federation, London England.

Appointed as Justice of the Peace, Commonwealth Of The Bahamas.

Completed a Nine Months, Health Consultancy, Office of Chief Medical Officer, Ministry of Health, working on Health Systems Strengthening for National Health Insurance (UHC), Bahamas

March 2018: Presented Paper via WhatsApp: **Setting up Safe Nonmedical Senior Home Care: Who will care for me in “My Home!” Challenges to Opportunities;** 4th Commonwealth Nurses & Midwifery Federation Conference, Royal College of Physicians, London England,

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